SAILING INSTRUCTIONS
Carter Lake Sailing Club
2025 Lady Victory Cup Regatta

1. RULES

1.1 This Regatta will be governed by the 'rules' as defined by the *Racing Rules of Sailing* 2025-2028 (RRS) except as changed by these Sailing Instructions (SI), the Notice of Race (NOR) or the rules of Larimer County. For any conflicts between the NOR and these SIs, the SIs take precedence. The Carter Lake Sailing Club (CLSC) is the organizing authority (OA).

1.2 The RRS will be changed as follows:

1.2.1 SI 4.2 changes RRS Race Signal AP.

1.2.2 SI 14.1 changes RRS 35

1.2.3 SI 14.2 changes RRS 35, A4

1.2.4 SI 14.3 changes RRS 35

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official race notice board located on the window of the CLSC clubhouse. On the water, the Race Committee intends to monitor and communicate with competitors on VHF channel 69.

3. SAILING INSTRUCTION CHANGES

3.1 Any change in these sailing instructions will be posted before 11:00 on the day it will take effect.

3.2 Any change in the schedule of races will be posted by 20:00 on the day before it will take effect. Posting may take place via email, the club's website or the official race notice board.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the Race Committee signal boat in the club marina area.

4.2 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 30 minutes” in the Race Signals.

5. SCHEDULE OF RACES

5.1 All races will take place on September 7, 2025.

5.2 Three to four races are anticipated, depending on weather.

5.3 The scheduled time of warning signal for the first race is 11:55 with succeeding races after the finish of the preceding race.

5.4 No race will be started after 1600.

6. CLASSES

6.1 This regatta is held to promote the participation of women in the sport of sailboat racing and participation is limited to boats with female skipper and crew.

6.2 Classes will consist of PHRF and Portsmouth.

6.3 A boat capable of flying a spinnaker that does not intend to fly a spinnaker must declare so before her first start.

6.4The ratings for boats that do not have a current S.A.I.L. PHRF certificate will be assigned by the race committee and are not subject to appeal.

6.5The Race Committee will decide on the number of starts, depending on the number of racing participants.

6.6 The starting flag for PHRF boats will be white. The starting flag for Portsmouth boats will be green.

7 RACE AREA

7.1 The race course map on the CLSC web site shows the location of the racing areas and approximate location of the marks, starting area, “no wake” and “fishing” areas.

7.2 While racing, no boat will cross between a “no wake” or “fishing” buoy and the nearest shore. This area is an obstruction while racing. A boat breaking this

rule will be subject to protest. The penalty for breaking this rule is a 20% scoring penalty.

8. COURSES

8.1 The course to be sailed will be designated by indicating the order in which marks are to be passed beginning with the first mark and ending with “F” for finish.

8.2 The course will be designated by letters on a white course board mounted on the Race Committee signal boat.

8.3 The start line may be used as a gate of the course, indicated on the course board by a red letter “G”.

8.4 All marks are left to port, with the exception of a gate, where the port end of the gate is taken to port, and the starboard end of the gate is taken to starboard.

9. MARKS

9.1 Marks are designated 1,2,3,4,5,6, and 7. All marks are upright three-foot white and yellow plastic cylinders. Marks may have a red “cone” on top to improve visibility.

10. THE START

10.1 Races will be started in accordance with RRS 26.

10.2 The starting line is between the RC flag standard on the Race Committee signal boat and the starting mark (green pin) or orange buoy.

10.3 A boat has 10 minutes to start after the start time. Boats unable to start within this time period will not race and will be scored DNS (did not start).

11. RECALLS

11.1 The Race Committee signal boat may hail premature starters either by boat name or sail number vocally or on VHF channel 69. The following are not grounds for redress:

11.1.1 Failure of a boat to receive the recall broadcast.

11.1.2 Failure of the Race Committee signal boat to broadcast the recall.
11.1.3 A boat's position in the sequence of broadcast numbers.

12. THE FINISH

12.1 The finish line is between the RC flag standard on the Race Committee signal boat and the finishing mark (green pin) or orange buoy.
12.2 The finish line is the same line as the starting line.

13. PENALTY SYSTEM

13.1 RRS 44.2 One-Turn and Two-Turns Penalties shall apply.

14. TIME LIMITS

14.1 The time limit is 90 minutes for all boats, and within 45 minutes of the first boat to finish correctly. This changes RRS rule 35.
14.2 Boats failing to sail the course, and finish correctly within the 90-minute time limit, will be scored TLE (time limit expired). This changes rules 35 and A4.
14.3 Boats failing to sail the course and finish correctly within 45 minutes after the first boat finishes correctly will be scored TLE (time limit expired). This changes rules 35 and A4.

15. PROTESTS

15.1 Protesting boats must inform the Race Committee of their intention after finishing or within the protest time if they do not finish.
15.2 The Protest Time Limit is 30 minutes after the Race Committee Signal boat returns to its slip. Filings are to be made to the Principal Race Officer or any member of the Race Committee. The Protest Time Limit will begin when the Race Committee signal boat returns to shore and sounds one horn. Protest forms are available from the Race Committee.
15.3 Appeals of protest committee decisions and any PHRF ratings will be made in accordance with procedures prescribed by S.A.I.L.
15.4. Appendix T will be used for arbitration

15.5 Rule 60.4(a)(2) is changed as follows: “(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or”

16. SCORING

16.2 If multiple fleets are competing the winning skipper shall be the best overall score for all races sailed as determined by the Cox-Sprague Scoring System.

16.2 All races will be scored.

17. SAFETY REGULATIONS

17.1 Check in is required prior to the first start. Check in on starboard tack when the Race Committee signal boat is displaying the Code L flag. The penalty for breaking this rule is a warning.

17.2 Boats must meet U.S. Coast Guard, State of Colorado, and Larimer County safety requirements.

17.3 A boat that retires from a race shall notify the Race Committee as soon as possible.

17.4 The Race Committee may use VHF channel 69 for race communication while on the water. Channel 16 will be used for emergency communications.

18. LIABILITY, RELEASE AND WAIVER AGREEMENT

IN CONSIDERATION OF PARTICIPATION IN SAILING ACTIVITIES ON CARTER LAKE AND, RECOGNIZING THE RISK ASSOCIATED WITH THE SPORT OF SAILING, ALL PARTICIPANTS HEREBY RELEASE AND WAIVE ANY CLAIMS FOR PROPERTY DAMAGE, PERSONAL INJURY AND DEATH. PARTICIPANT RELEASES CARTER LAKE SAIL CLUB, THEIR OFFICERS, DIRECTORS, RACE COMMITTEES, MEMBERS, VOLUNTEERS AND SPONSORS OF AND FROM ANY AND ALL CLAIMS AND LIABILITIES OF WHATEVER KIND INCLUDING THOSE OF NEGLIGENT ACTS AND GROSS NEGLIGENCE WHICH PARTICIPANT MIGHT HAVE ARISING OUT OF PARTICIPATION IN SAILING ACTIVITIES.